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Implantable Loop Recorder Discharge Instructions

You will need to schedule a follow up appointment ~7-10 days out for a post-procedure check.

Do not submerge the incision in water until the incision site is fully healed, meaning no: Swimming pools, bath tubs, hot tubs, etc.

Ok to shower, but do not get your incision wet for 5 days after your procedure.

You may remove your outer dressing 24-48 hours after the procedure. If there are adhesive strips “steri-strips” over the incision, leave them in place; they will come off on their own over time.

Make sure you fill and take any medications if prescribed.

Call your physician if:

- You notice any unexpected bleeding, or redness, swelling, or drainage from your incision
- You have a fever of 100 degrees or above
- You notice anything unusual or unexpected that concerns you

You may experience mild discomfort at the site of insertion for several days.

Carry your ID card with you at all times and make medical personnel aware of your device.

You may have an MRI 6 weeks post insertion, but do make them aware of your device.

By signing this, the patient acknowledges that they have received these Discharge Instructions and agrees to abide by them.

Patient Name: _____

Patient DOB: _____

Patient Signature : _____

Date: _____