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## Loop Recorder Explant (Removal) Post-Procedure Information

You will need to schedule a follow up appointment ~7-10 days out for a post-procedure check.

Do not submerge the incision in water until the incision site is fully healed, meaning no: Swimming pools, bath tubs, hot tubs, etc.

Ok to shower, but do not get your incision wet for 5 days after your procedure.

You may remove your outer dressing 24-48 hours after the procedure. If there are adhesive strips “steri-strips” over the incision, leave them in place; they will come off on their own over time.

Make sure you fill and take any medications if prescribed.

Call your physician if:

- You notice any unexpected bleeding, or redness, swelling, or drainage from your incision
- You have a fever of 100 degrees or above
- You notice anything unusual or unexpected that concerns you

You may experience mild discomfort at the site of insertion for several days.

**By signing this, the patient acknowledges that they have received these Discharge Instructions and agrees to abide by them.**

Patient Name: \_\_\_\_\_

Patient DOB: \_\_\_\_\_

Patient Signature : \_\_\_\_\_

Date: \_\_\_\_\_