



Faisal Bahadur, MD
Bashar Markabawi, MD
Gautam Kedia, MD

Pre-Procedure Instructions
Venaseal/Vein Ablation and/or Foam Sclerotherapy

You are scheduled for a vein procedure on your legs. The following is some helpful information in preparation for your procedure.

Time:

Please allow 2 hours for the procedure (it generally takes less).

What to bring:

- Thigh high compression stockings (can be purchased now or at time of procedure)
- Arrange for someone to drive you home after the procedure
- A change of underclothes, which may get stained by the cleansing solution

Food:

It is ok to eat prior to the procedure. **Please hydrate actively** prior to the procedure.

Medications:

Please continue your usual morning medications, unless instructed otherwise. If we have prescribed a sedative, do not take it until instructed. **Arrange for someone to drive you if you will be requesting a sedative.** If you are on any **blood thinners**, please ask your physician if it is necessary to hold it for the procedure.

Misc:

Please do not shave or use lotion on the leg to be treated, for at least 24 hours prior to the procedure, to minimize irritation to the skin.

Post-procedure:

You will receive a full set of instructions after the procedure, including activity, shower, etc. You can expect some mild bruising and swelling.

Please contact us ahead of time for any questions or concerns.

By signing this, I acknowledge that I have received these Pre-Procedure Instructions, and I agree to abide by them.

I understand that if I need to cancel the procedure, I must cancel >48 hours in advance. Otherwise, I will incur a \$100 cancellation fee.

Patient Name: _____

Patient DOB: _____

Patient Signature : _____

Date: _____